

# **LUNCHBOX NOTES**

Part 2

*Proverbs for the  
School Year*





**Lunch Box Notes #2**

***“Solomon & a Sandwich” (Proverbs for the School Year: Volume 1)***

**Dear Parents,**

The morning rush before school is full of daily routines and a bit of chaos. But in the midst of the madness lies an opportunity for you to offer a regular infusion of faithful encouragement.

This resource is designed to help you offer a daily note of encouragement to your child. We'll help you get started by giving you a note with a verse for 30 days. You can tweak the note, add what you want to say to it, and give it to your child.

Here are some different ways you can offer the note to your child in a creative way:

- \* Put it in their lunch box each day
- \* Write out the note and stick it to their bathroom mirror
- \* Slide it under their pillow
- \* Text it to them each day
- \* Stick it in an envelope and hand it to them as they leave for school

We hope that this resource makes it a bit easier for you to invest in your relationship with your child. If we help you pass down faith to your child, then we have scored a huge win towards the mission of our ministry.

If you need any questions about this resource, feel free to contact us.

***Student Ministry Team***

1. Remember what we have taught you about God, what we believe and how we should live. I hope your day is going great!

*Proverbs 1:8 Listen, my son, to your father's instruction and do not forsake your mother's teaching.*

2. There are people who are going to ask you to do something today that you know is not right. Stay strong and say "no!" I am praying that for every decision you make today!

*Proverbs 1:10 My son, if sinful men entice you, do not give in to them.*

3. Study hard today. Really apply yourself so that you learn what you need to learn. It is okay to ask questions in class to make sure you understand. I am proud of how hard you're studying this year!

*Proverbs 2:2 Turning your ear to wisdom and applying your heart to understanding...*

4. I am praying for you as you walk from class to class. I am praying for you as you walk the hallways of your school today.

*Proverbs 2:20 Thus you will walk in the ways of the good and keep to the paths of the righteous.*

5. Be faithful to God today. He is always with you. No matter what happens today, God's truth is with you and written on your heart to remember.

*Proverbs 3:3 Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart.*

6. I know you were upset that you got in trouble yesterday. Don't get mad or let it ruin your day today. It is all part of your teachers trying to help you to learn. It is a new day; put yesterday behind you!

*Proverbs 3:11-12 My son, do not despise the Lord's discipline, and do not resent his rebuke, because the Lord disciplines those he loves, as a father the son he delights.*

7. Be careful what you say today. I know many of the other people around you are using language and words we do not use in our home. Do not feel like you have to use those same words to be accepted or to have friends.

*Proverbs 4:24 Keep your mouth free of perversity; keep corrupt talk far from your lips.*

8. I am praying that you study hard today and stay focused. God has a great future for you; it starts with studying hard in school and learning.

*Proverbs 8:10 Choose my instruction instead of silver, knowledge rather than choice gold.*

9. Remember knowledge and wisdom is power. The harder you study, the more you will know and the wiser you will be.

*Proverbs 8:14 Counsel and sound judgment are mine; I have insight, I have power.*

10. Show God respect on how you spend your day. Learning to respect God is the start of great things. I love how you are maturing in your faith!

*Proverbs 9:10 The fear of the Lord is the beginning of wisdom, and knowledge of the Holy One is understanding.*

11. I just want to let you know what a joy it is to be your parent. I am so very proud of you!

Proverbs 10:1 *A wise son brings joy to his father, but a foolish son brings grief to his mother.*

12. Don't worry about all the gossip and what people are saying. Stay out of the drama!

Proverbs 10:8 *The wise in heart accept commands, but a chattering fool comes to ruin.*

13. Find someone that needs a friend or just needs some encouragement and speak life into them...a student or a teacher!

Proverbs 10:11 *The mouth of the righteous is a fountain of life, but the mouth of the wicked conceals violence.*

14. I know you studied hard last night. I hope you remember everything you were studying and have memorized for today!

Proverbs 10:14 *The wise store up knowledge, but the mouth of a fool invites ruin.*

15. Listen to your teachers and give them the respect they deserve. They just want the best for you and are trying to teach you something!

Proverbs 10:17 *Whoever heeds discipline shows the way to life, but whoever ignores correction leads others astray.*

16. I know it can be tempting to cheat, but you studied hard. I am sure you will get a great grade. It is never worth it to get a grade that you don't deserve.

Proverbs 11:1 *The Lord detests dishonest scales, but accurate weights find favor with him.*

17. Be careful what you say about others today. Make sure your words are kind and Christ-like. Anything else is just going to cause more drama.

*Proverbs 11:9 With their mouths the godless destroy their neighbors, but through knowledge the righteous escape.*

18. I am praying for your teachers this year. You should stop right now and say a quick prayer for them as well. They are working so hard this year to make our school a success.

*Proverbs 11:14 For lack of guidance a nation falls, but victory is won through many advisers.*

19. Just be you. Don't worry what others are wearing or pretending to be. I love you for the person God has made you to be.

*Proverbs 12:9 Better to be a nobody and yet have a servant than pretend to be somebody and have no food.*

20. Don't be so worried. I know you are having some anxiety about all the assignments coming up. I will help you tonight to get it all organized. It will all work out!

*Proverbs 12:25 Anxiety weighs down the heart, but a kind word cheers it up.*

21. I am so glad you are finding great friends this year. I am so happy that you have been so wise in who you are choosing to hang out with this year!

*Proverbs 12:26 The righteous choose their friends carefully, but the way of the wicked leads them astray.*

22. Shine the light of Christ today at school. Find someone that is having a rough day and find a way to brighten it!

Proverbs 13:9 *The light of the righteous shines brightly, but the lamp of the wicked is snuffed out.*

23. Thank you for being willing to listen to what I had to say last night. I know you didn't want to hear it, but I really want what is best for you!

Proverbs 13:14 *The teaching of the wise is a fountain of life, turning a person from the snares of death.*

24. Your friendships will make you or break you. Be careful of your reputation and testimony based on the people you are choosing to hang out with!

Proverbs 13:20 *Walk with the wise and become wise, for a companion of fools suffers harm.*

25. Be careful of your attitude toward your teachers and around your friends. I know you are angry about what is going on, but you need to pray about. I love you!

Proverbs 14:16 *The wise fear the Lord and shun evil, but a fool is hotheaded and yet feels secure.*

26. I packed an extra sandwich and a couple of extra things. Look for someone that might need it and share it with them.

Proverbs 14:21 *It is a sin to despise one's neighbor, but blessed is the one who is kind to the needy.*

27. I am proud of your hard work last night at practice. You are really improving. All your hard work is paying off. I am really proud of you!

Proverbs 14:23 *All hard work brings a profit, but mere talk leads only to poverty.*

28. Just be patient. I know it hard to wait and be patient, but it will pay off in the end. God is teaching you something right now! We will talk more tonight.

Proverbs 14:29 *Whoever is patient has great understanding, but one who is quick-tempered displays folly.*

29. Remember, how you respond to others will determine how they respond back to you. Your words to your teachers needs to be kind, even if you don't like what they are saying.

Proverbs 15:1 *A gentle answer turns away wrath, but a harsh word stirs up anger.*

30. God is watching over you today. He is with you wherever you go, whatever you do, and whomever you are with.

Proverbs 15:3 *The eyes of the Lord are everywhere, keeping watch on the wicked and the good.*